



Zero waste lifestyle

Testimonial of a family in transition

Who is the Zero Carabistouille Family ?



Pierre



Sylvie



Naïs



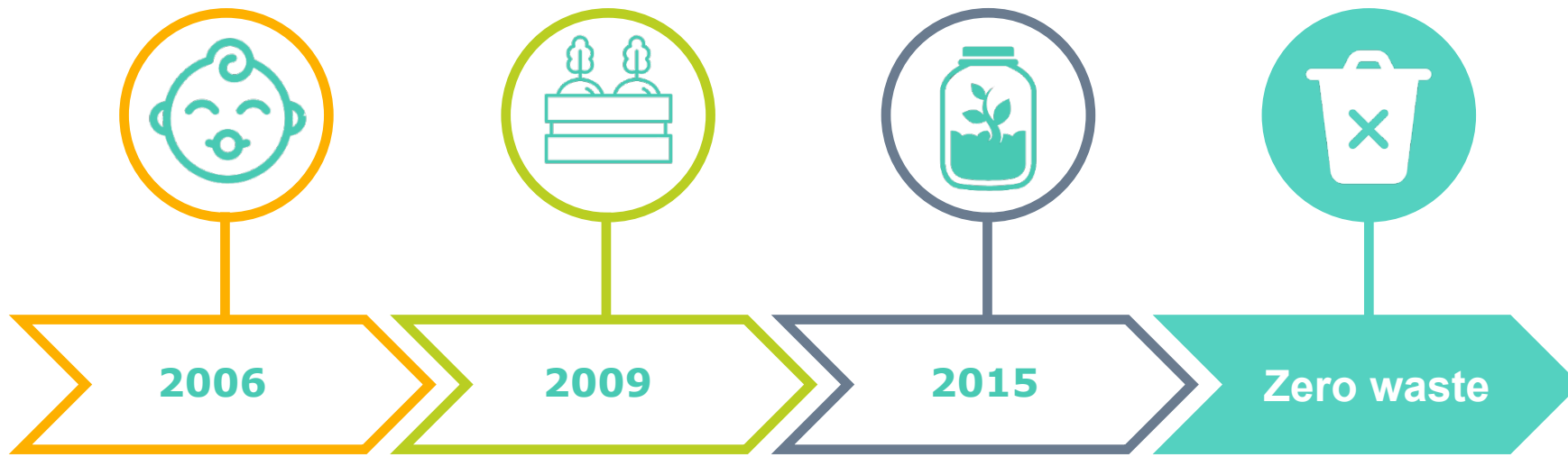
Una



Maki



What decide us to begin ?



Birth of Naïs

Organic food
Purchasing
group(GAS)

Birth of Una

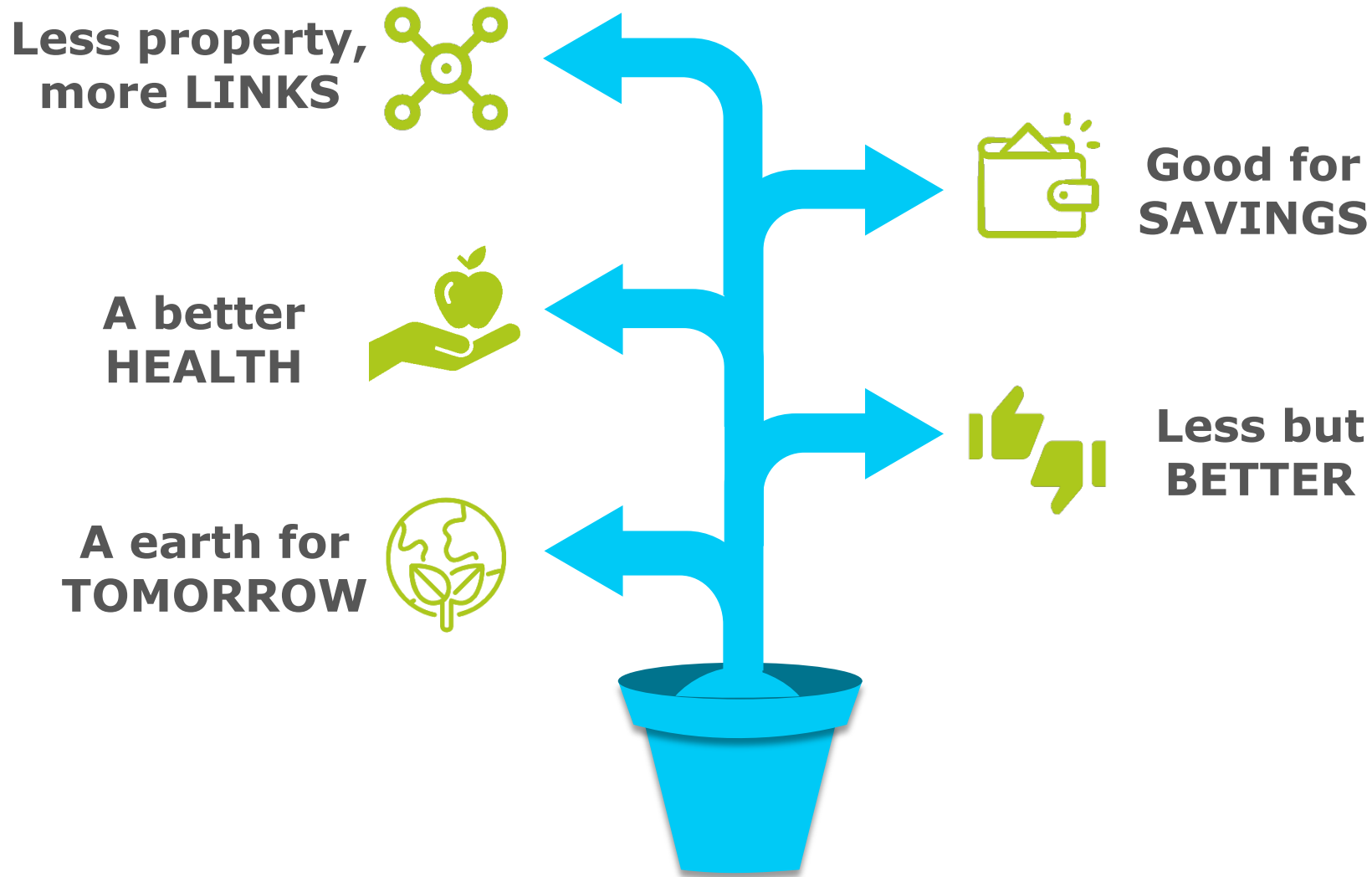
Washable diapers
Vegetable garden
and collective
compost

Béa Johnson Conference

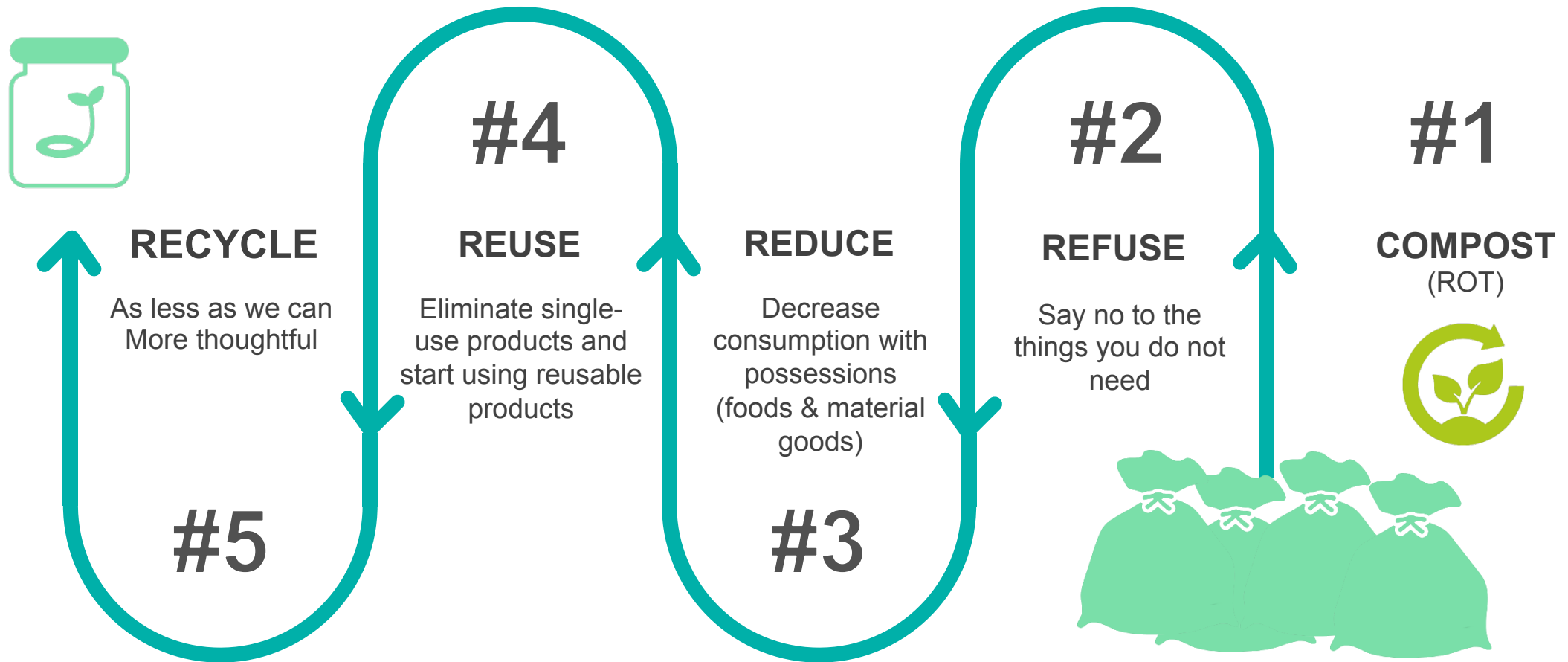


1 jar of 1,6
of trash
per year fo
4 persons

Why zero waste ?



To become a consum'**ACTOR**



Buy otherwise



In bulk

In multiple places
Lot of choice



Local, seasonal, organic

Good for the planet
& health



Producers

A person
A history



Consigne

Worth money



Reusable

Fabric bags, jars,
boxes...



More vegetables

Less meat



Second hand

Circular & social



Sustainable

Ecological, ethical, with
respect for the worker

Tools library



Alternatives

Wood/bamboo toothbrush
Tissue make-up remover
Wax film for food useFuroshiki
Tawashi
...



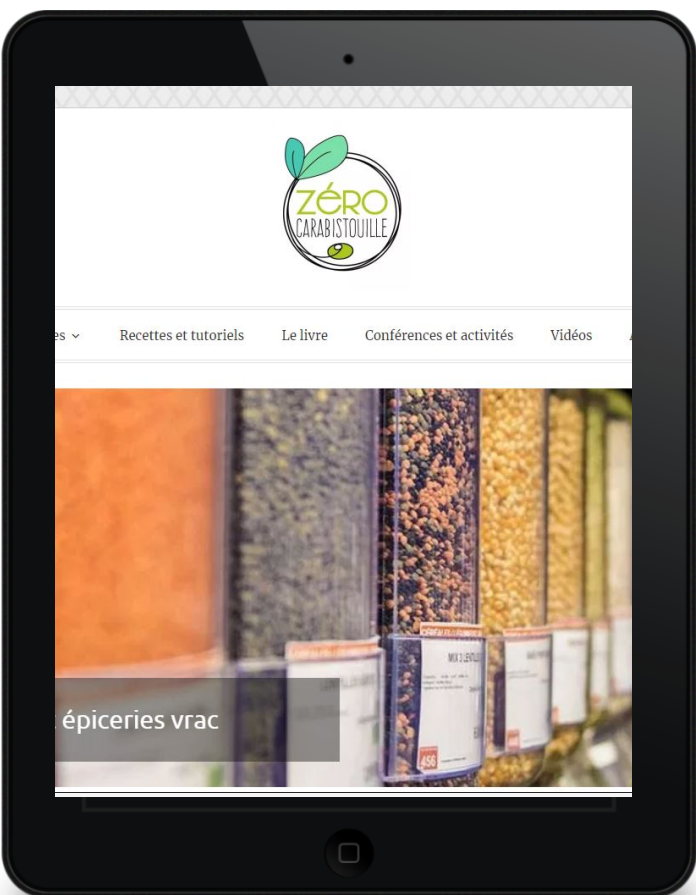
Home made

Preserved jars
Snacks
Care and beauty
products
Do It Yourself (DIY)



Rental, loan & second hand

Clothing
Objects
Toys
Books



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www.zerocarabistouille.be

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